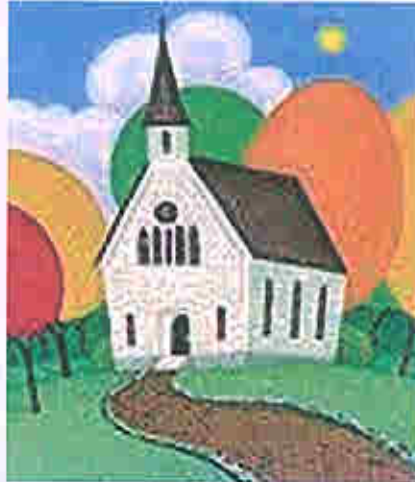


Sisters in Christ for the Needy

November 2, 2009



Enter into his gates with thanksgiving and into his courts with praise; be thankful unto him, and bless his name. Ps. 100:4

## November 2<sup>nd</sup> Meeting Notes

Our treasury balance at the end of last meeting was \$49. Since then we paid \$2.50 for a new stapler, \$3 for mailing tape, \$5 for a disposable camera, \$7 for film development and \$11 for receipts submitted. Total: \$28.50. Balance is \$20.50. (The church pays for postage for our boxes.)

I emailed Soldiers Angels in California and asked them about the type of yarn we should use. I received a reply saying that yarn blankets are not sent to the front. And then they added, "I would say simply soft, is the best." That didn't make sense to me. But I also emailed Kyle Lord of Keystone Soldiers and she said:

"The official military regulations prohibit synthetic fibers as they melt during contact with flame and can cause more traumatic damage to the skin. We have been requested to use only wool or cotton for the items we ship.

"That being said, my personal contacts have given two different responses. Some units (depending on their commanding officer's regulations) are adhering to the military policy and some are allowing the soldiers to make their own choices. We try to check with the units before we ship the items to make sure they are allowed to use the synthetic if they choose to.

"The bottom line is: use whatever you are most comfortable working with and we will do our best to make sure it gets to the troops who can use it."

Since we no longer send to Soldiers Angels but send to Keystone Soldiers I would say to use whatever type of yarn you like. Also, take note of the information below:

If your yarn becomes separated from the original labels, and you're not sure if it's wool or acrylic, here's an easy method to find out. Burn the end of the yarn with a match. If the burn brushes off and leaves only a scorch, the yarn is wool. If the end of the yarn turns black and hard, it's acrylic.

\* \* \* \* \*

I received the following email from Jill of "Cozees". (If you recall, her daughter has cerebral palsy and is confined to a wheel chair.):

*Hi, Jan,*

*I apologize for getting back to you so late. Your donations arrived and they're up on the site. Elena has been in and out of the hospital the last few weeks to get a Baclofen pump implanted, and it's been kind of rough here. We have to travel*

*(Meeting Notes Continued)*

*almost 100 miles to the hospital and today she had the stitches removed so we shouldn't have to go back until March.*

*This pump makes her spastic muscles relax and it's been a God send. She is no longer in pain either. We're hoping this type of therapy will aid her in developing her leg, arm and chest muscles. This is a good thing!*

*Thanks again,  
Jill*

(Reminder: If you'd like to see pictures on your computer of what we have mailed to "Cozees", just type in Cozees and Search.)



At each meeting, I will bring the prior meeting's packet for those who did not get it. I will not be mailing them to members or trying to get them to you in church. However, for those of you who have computers, you can now see the complete packets on the church's website. Go to Google, type in "Slippery Rock Baptist Church" and our church's web page will come up. Scroll down the left-hand column to "Sisters in Christ". When the page comes up, you will see in red the dates of packets. Click on the one you missed and all the packet's pages will come up.



Carol Alexander of CROCHET NEWS says: When I featured the charming letter from Robert in the July 28, 2009 issue, I received quite a few replies from women readers who shared their own experiences with having wonderful husbands who lovingly support their crochet hobby. Here are just a few.

**From Marcia:**

I LOVE Robert's comments about being married to a crocheter! My own husband of 27 years is a real gem. He loves my crochet, especially my own designs. It never bothers him to see all the yarns and threads in my "stash room." I'd like to share one particular incident that always makes me laugh.

My husband had gone out shopping one day while I was working at home. When I came out of my office, there was a gigantic box on the table. It was tightly packed with yarn. I asked him what he paid for it and he said, "Five bucks!" He just stood there grinning at me.

He had stopped at a yard sale where there was a long table piled with yarn. Several women were practically fighting to grab what they wanted. My husband asked the man in charge how much the yarn cost and was told \$5 a box -- any size box. He grabbed the biggest box he could find and literally swept the yarn off the table, much to the consternation of the women.

He pushed and packed that yarn into the box as tight as he could get it. I was totally amazed and absolutely giddy at what was in the box -- not just scraps, but bags of wonderful yarns like Shetland wool, wool blends, acrylics and lots of imported yarns from France, England and Scotland. There was enough of each yarn to make at least two or more projects. I was on top of the world!

My husband always asks if I have enough of the right colors whenever I start a new project. "If not, we can go shopping," he says. He always reminds me to grab my crochet whenever we go anywhere. Many times, he even has color suggestions or other ideas for me to try. Yes, sir, he's a keeper!

**From Pat:**

When I read "A Husband Speaks Out," it reminded me of my recent trip to North Carolina, where we were helping our daughter move. My husband was in charge of getting the moving truck loaded correctly and driving it there. His first question was not if the truck could hold all her furniture, but would the front seats have enough room for me to work on one of my crochet or knitting projects for the ride.

When we travel, he always asks where my project bag is, not where the suitcases are. He has learned that my carry-on piece for any flight is my project bag. He has also learned to look for stores that carry anything I may need. When we were looking to downsize our home, he wanted to be sure there would be a place for all my crafts. He knows that I am happiest when working on a project.

**From Barbara:**

I had to smile when I read the letter from Robert. He sounds so much like my dear husband, who passed away two years ago. Throughout our entire marriage, Tom was always very supportive of my crochet "addiction." Whenever we went shopping, he always knew I would head for the craft section immediately upon entering the store. No matter how much yarn I bought, he never complained, even when my stash grew so large at times every closet was bulging! In fact, he would usually ask if I was sure I had bought everything I needed for my project.

He was always so proud of my crochet accomplishments, and whenever we had guests visit our home, he took great delight in showing off my latest handiwork. It actually got a little embarrassing at times, but what could I say? I knew how lucky I was to be married to such a sweet, kind man, rather than someone who'd always grumble and gripe about the time or money I spent on my hobby. How I would dearly love to hear him say again, "Look what my wife made -- isn't it terrific?"

**From Katherine:**

I really enjoyed the letter from Robert, whose wife is a crocheter. I made my husband read it! He agreed wholeheartedly and could relate to Robert's comments, as we have been married 35 years and lived all of the examples that Robert mentioned.



**Name:** Carol

**Subject:** Beginner

**Comment:** Crocheting is one of those things I thought I'd learn "one of these days." Then someone gave me a hand crocheted dishrag (of all things) and I love it. So I went out and purchased yarn, hook and a simple instruction book and am working on my first dishrag. I selected the dishrag because it is a very quick project and how hard could a dishrag be?? I am (pardon the pun) hooked! I am a very high stress person anyway and this is very therapeutic. When I start I find I do not want to stop! Wish I had tried this years ago!

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**Name:** Mary Beth

**Subject:** I am re- hooked

**Comment:** Hi!! smiles and prayers to all. I am glad to find this site! I just got started again crocheting. I used to dabble in it when I worked as an in home nurse on long nights, etc. I lacked self-confidence then about reading patterns. Now I have started, again hookin! I love it.

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**Name:** Rose

**Subject:** addiction

**Comment:** Thank goodness! I thought I was the only one who feels she is addicted to crocheting...my day doesn't feel complete unless I've worked on my current afghan. Thanks for a great site

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**Name:** Donna

**Subject:** my passion

**Comment:** My husband's grandmother taught me how to crochet. I don't know if it was harder for me to learn or her to teach it but I got it. Now I can't go to a craft store without buying yarn. I can't go online without finding projects I want to make. I have used about a ream of paper printing patterns. I enjoy making scarves and hats to match. I have made some fridgies and some flowers of all sizes. I take a project to work everyday. When riding in the car I have a project. I have taught a few friends who wanted to learn and they are going to town with it too. I am enjoying my addiction/passion.

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**Name:** Carol

**Subject:** Can't stop crocheting

**Comment:** Hi all!! I love to crochet. I was taught by the lady who was my babysitter when I was a baby. I now make all kinds of things and have started my own business "A Stitch and A Prayer". I am trying to teach my niece how to crochet and my daughter.  
Carol

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**Name:** Hannah

**Subject:** COOL!

**Comment:** Hi. My name is Hannah and I am 12 and am home schooled. I LOVE to crochet while my mom reads history to me or something. Crocheting is great. I have made SOOOO many presents for people. This site has really helped me find patterns. Thanks and God Bless whoever reads this!

Hannah

PS. Hi to the other home schooled. Hannah.

**Name:** Lisa

**Subject:** crocheting

**Comment:** I was searching for a hat pattern and found this site, Thanks so much for all the wonderful patterns. I've been crocheting since I was a child, my mom showed me a simple chain just using my fingers then years later I slowly taught myself how to read patterns and asked my mom for help when I got stuck. I've made afghans, hats, doilies, baby items, snowflakes, angels...you name it!! I've given them mostly as gifts and always they are appreciated. These days it's unusual for someone to take the time and effort to make something, it's so easy to go and buy it ready made, I think everyone appreciates something made by you!! To all those beginning crocheters, keep trying, this is something that will stay with you for your whole life!!! Happy crocheting!!! Lisa

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**Name:** Susan

**Subject:** Love crochet!

**Comment:** I learned to crochet when I was young from my aunt. She got me started, then when I wanted to learn some new stitches, gave me a magazine with all of the stitches in the back, telling me that I didn't need her, I could figure it out myself. That was all the boost I needed! Been hooking ever since, thanks to her. Now as an adult, I remember her words and know that there won't be anything too difficult for me to tackle. My aunt has been gone for several years, but her legacy to me lives on in hours of wonderful, creative, stress-relieving crochet!

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**Name:** tayo

**Subject:** crochet

**Comment:** Actually, i'm a nigerian 13 year old boy, but i love crochet seriously. Recently we had a club display stuff in school, and i had to go in front of all the students crocheting. People call me all sorts of names (g\*y) and so on, but i'm TOO ADDICTED to let all that stop me. I've recently been into a lot of mufflers, and they sell very well, though i'm still trying to get the hang of reading patterns. CROCHET IS WONDERFUL!!!!!!!!!!!!!!!!!!!!



### Textual Quilting

As quilters, we spend so much time laboring over the choice of colors and prints for our projects.

Then, we stumble across a **simple, solid single color quilt that is absolutely gorgeous due to its quilting stitches alone**. Whether the scenario frustrates you or inspires you, there is no denying the beauty of the "simple" quilt.

Actually, that simple quilt is very detailed due to a technique known as **textural quilting**. Elaborate quilting stitches form beautiful patterns that add texture to these otherwise simple quilts. If you consider piecing a quilt as an art form, you cannot discount textural quilting as an art form all its own, too.

Don't let the term "textural quilting" scare you away. **All quilting creates texture**. This particular style just has more lines to create more "pouf."

The idea behind textural quilting is to create depth with your quilting stitches. The designs give the quilt a 3-D effect. Most textural quilters choose light weight, solid color fabrics for their quilts.

The light weight of the fabric allows you to feel more of the texture created by the stitching. The solid colors are chosen so as not to distract from the beauty of the quilt stitch design. Many of these textural quilting projects are very ornate and detailed!

To get a lot of texture in their quilts, textural quilters know that it is the **negative space that plumps up to create depth on their quilt**.

So, a textural quilt will have many lines quilted into it. The empty space, or "negative space," between the lines is the area that will provide dimension on the quilt.

If you want to give textural quilting a try, use a **cotton/polyester blend of batting**. The blend has some **loft** to it that will allow proper plumping of those negative areas. You might also experiment with wool batting. Wool batting is good to hold its shape and doesn't give the quilt a hard, stiff feeling from all your quilting stitches.

No one wants to create a stiff, hard quilt. The beauty of textural quilting makes it easy to get carried away with the technique. To create a beautifully quilted, textural project and still have a soft quilt, don't forget that you will have some areas that are not quilted.

Balance your textural quilting stitches throughout the quilt so that you create enough texture, but also leave enough unquilted space.

Another key component to textural quilting is the tiny stitching. There are lots of tiny stitches used. Your thread must be thin enough – **50 weight thread or greater** is the norm. Thick threads will show your backstitches, etc. Thread color is important, too.

**Thread that matches your fabric is the best**, because it won't distract from your textural design. Using a monochromatic thread scheme also adds depth to your project and gives the illusion of shadows that also add interest to the quilt.

If you are a machine quilter, look through your templates to find quilt patterns that will create the textural effect. This is a free motion type of quilting and can be done on either a home sewing machine or a quilting machine. Hand quilting for textural designs is an option for the truly patient quilter.

To find a design for your first (or next) textural quilting project, look in books or online for pattern ideas. Practice the quilt design several times before beginning to work on your quilt. Practicing shows you any obstacles you might face in maneuvering your quilt.

It is better to learn those on a small sample section than in the middle of your quilt project!

Textural quilting is very effective for a whole cloth quilt. Often in a whole cloth quilt, the quilter uses one piece of fabric, generally a solid, light color, and then uses quilting stitches to create the design for the entire quilt.





## Cheerful Squares Baby Throw

### GAUGE:

1 Square = 9 3/4 in. (25 cm). BE SURE TO CHECK YOUR GAUGE. When you match the gauge in a pattern, your project will be the size specified in the pattern and the materials specified in the pattern will be sufficient. If it takes you fewer stitches and rows to make a 4 in. [10 cm] square, try using a smaller size hook or needles; if more stitches and rows, try a larger size hook or needles.

|           |           |           |
|-----------|-----------|-----------|
| Square #1 | Square #2 | Square #3 |
| Square #3 | Square #4 | Square #1 |
| Square #1 | Square #2 | Square #3 |
| Square #3 | Square #4 | Square #1 |

### AFGHAN

#### SQUARE 1 (make 4)

With A, ch 4; join with sl st in first ch to form a ring.

**Rnd 1:** Ch 3 (counts as first dc here and throughout), work 15 dc in ring; join with sl st in top of beg ch – 16 dc.

**Rnd 2:** Ch 3, 4 dc in same st as join (corner made), (dc in next 3 dc, 5 dc in next dc (corner made)) 3 times; dc in last 3 dc; join with sl st in top of beg ch. Fasten off.

**Rnd 3:** Join B with sl st to center dc of any 5-dc corner, ch 3, 4 dc in same dc, (dc in next 7 dc, 5 dc in next dc) 3 times; dc in last 7 dc; join with sl st in top of beg ch.

**Rnd 4:** Sl st in each st to center dc of 5-dc corner, ch 3, (dc, ch 2, 2 dc) in center dc, (dc in next 11 dc, (2 dc, ch 2, 2 dc) in next dc) 3 times; dc in last 11 dc; join with sl st in top of beg ch.

**Rnd 5:** Sl st in each st to corner ch-2 sp, ch 3, (dc, ch 2, 2 dc) in same ch-2 sp, (dc in next 15 dc, (2 dc, ch 2, 2 dc) in next ch-2 sp) 3 times; dc in last 15 dc; join with sl st in top of beg ch. Fasten off.

**Rnd 6:** Join C with sl st in any corner ch-2 sp, ch 3, (dc, ch 4, 2 dc) in same ch-2 sp, (dc in next 19 dc, (2 dc, ch 4,

2 dc) in next ch-2 sp) 3 times; dc in last 19 dc; join with sl st in top of beg ch.

**Rnds 7 and 8:** Sl st in each st to corner ch-4 sp, ch 3, (dc, ch 4, 2 dc) in same ch-4 sp, (dc in each dc to next corner ch-4 sp, (2 dc, ch 4, 2 dc) in corner ch-4 sp) 3 times; dc in each dc around; join with sl st in top of beg ch. Fasten off.

**Rnd 9:** Join D with sl st in any corner ch-4 sp, ch 3, (dc, ch 4, 2 dc) in same ch-4 sp, (dc in each dc to next corner ch-4 sp, (2 dc, ch 4, 2 dc) in corner ch-4 sp) 3 times; dc in each dc around; join with sl st in top of beg ch.

**Rnd 10:** Sl st in next dc, ch 1, (5 sc in next ch-4 sp, sc in each st to next ch-4 sp) 4 times; join with sl st in first sc.

**Rnd 11:** Ch 1, (sc in each sc to center sc of 5-sc corner, 3 sc in center sc, sc in each sc to next corner) 4 times; join with sl st in first sc. Fasten off.

#### **SQUARE 2 (make 2)**

Work same as Square 1 in the following colorway: Rnds 1 and 2 with D, Rnds 3-5 with A, Rnds 6-8 rnds with B, Rnds 9-11 with C.

#### **SQUARE 3 (make 4)**

Work same as Square 1 in the following colorway: Work Rnds 1 and 2 with C, Rnds 3-5 with D, Rnds 6-8 with A, Rnds 9-11 with B.

#### **SQUARE 4 (make 2)**

Work same as Square 1 in the following colorway: Work Rnds 1 and 2 with B, Rnds 3-5 with C, Rnds 6-8 with D, Rnds 9-11 with A.

#### **FINISHING**

Following assembly diagram, sew Squares together. Weave in ends.

#### **ABBREVIATIONS / REFERENCES**

[Click for explanation and illustration](#)

beg = begin(s)(ning)

ch-space = space previously made

rep = repeat(s)(ing)

sc = single crochet

sp(s) = space(s)

ch(s) = chain(s)

dc = double crochet

rnd(s) = round(s)

sl st = slip stitch

st(s) = stitch(es)

# Psalm 100

P F Y A I G L M V Q F G E K Y  
B G E N E R A T I O N S E A Q  
P R A I S E N O U I I B I H E  
S E E S R C D R V O R P R P R  
E O O D S N S I N G I N G T D  
V R Q P Y E G S S O E K S S M  
E X N F L S N U Z R S S Q F G  
R M K V K E N D U R E T H D K  
L R E N I R B T A L T X O T O  
A S A R H P S X B L A K V B C  
S H T O C A H C U H G K V N X  
T E G R P Y T F V H L H C Y F  
I E T O U Z Y F E R Q I Y L K  
N P A B L O R D O S H R P L X  
G R L J J V C A G V K X E R G

BLESS  
EVERLASTING  
GLADNESS  
LORD  
OURSELVES  
PRAISE  
SINGING

COURTS  
GATES  
JOYFUL  
MERCY  
PASTURE  
PRESENCE  
THANKSGIVING

ENDURETH  
GENERATIONS  
LANDS  
NOISE  
PEOPLE  
SHEEP